



Leeds SENDIASS

Special Educational Needs and Disabilities Information Advice Support Service

Autism Support Services

This guide will give you information about what support can be accessed, locally in Leeds, regionally and nationally, when a child or young person receives an autism diagnosis.

Contents

1. Autism support - Leeds	1
2. Generic SEND support which includes Autism support - Leeds.....	4
3. Autism support – West Yorkshire	8
4. Generic SEND support which includes Autism support – West Yorkshire	12
5. Autism support - National.....	13
6. Generic SEND support which includes Autism support – National	16

1. Autism support - Leeds

ICAN LEEDS

Website: [Complex Communication and Autism \(ICAN\)](https://leedscommunityhealthcare.nhs.uk)
(leedscommunityhealthcare.nhs.uk)

Offer

As part of the Child Development Team, the Integrated Children's Additional Needs Service (ICAN) provides a complex communication and autism spectrum disorder (ASD) assessment and support for families following diagnosis, for pre-school children. The service consists of Clinical Psychologists, Speech and Language Therapists and Specialist Health Visitors.

If you have concerns about your child's development you could speak to a GP, school or health professional and ask their advice about whether to seek referral for an autism assessment.

Their web page has a tool kit of video links below designed for families of children with complex communication needs or autism.

Leeds ABC Group

Website: [Events – Leeds ABC Group \(wordpress.com\)](https://www.leedsabcgroup.wordpress.com)

Facebook group
[\(1\) Leeds Autism, Behaviour & Communication - ABC Group | Facebook](https://www.facebook.com/LeedsAutismBehaviourCommunication-ABC-Group/)

Email address:
leedsabgroup@gmail.com

Phone number: 0113 257 9269

Offer

Leeds and District Autism, Behaviour and Communication Support Group is a regional resource for parents of children with an autistic spectrum condition.

They aim to provide help, support and advice about services, facilities, education, care and welfare for parents and families of children displaying Autistic Spectrum in the local community of residents in Leeds and surrounding areas.

Their events include: Next Generation youth group, family swims, seminars, monthly advice sessions, monthly support group meetings and play days.

Leeds Autism Aim

Website: [Leeds Autism AIM](https://www.leedsautismaim.org.uk)

Email address:
leedsautismaim@advonet.org.uk

Phone number: 0113 244 0606

Offer

Leeds Autism AIM is a free service for autistic adults with little or no funded support in the Leeds area. They run a weekly drop-in service for people of any age.

They also provide information and signposting at both sessions and through their website. They provide advocacy support for autistic adults who need help in difficult situations and have no-one to turn to. In addition to that, they have a mentoring service. They can meet you on a regular basis and give you advice on how to get on in life.

Leeds Autism Services

Website: [Leeds Autism Services \(las.uk.net\)](https://www.las.uk.net)

Email address:
dayadmin@las.uk.net

Phone number: 0113 279 7080

Offer

Leeds Autism Services provide specialist support for adults with autism of all abilities and ages (18 years+). They are also able to support people who have complex needs and behavioural issues and use Positive Behaviour Support (PBS) to help people to overcome their problems.

Their residential service, Ashlar House, is home to 7 autistic adults who receive round the clock support, and their Vocational and Community Services (VACS) provided daytime and outreach support 5 days per week for 51 weeks of the year.

Their offer includes: leisure activities, help with health, learning new skills, help with communication, emotional or practical support, help with behaviour problems, getting out and meeting people.

Leeds Libraries

Website: [Boardmaker in Leeds Libraries](#)

Email address:
jason.tutin@leeds.gov.uk

Phone number: 0113 395 2357

Offer

Boardmaker software is available for free use across most of Leeds libraries. Every library with Boardmaker has a printer and laminator to use with the software. The only charge is printing costs. Library staff can help use Boardmaker to design and print visual resources.

Some libraries also have collections of Makaton resources such as core vocabulary sets and Something Special DVDs.

Leeds libraries and STARS run monthly advice sessions. STARS can help with issues relating to the specific needs of individual children and young people.

STARS

Website: [Autism Leeds | STARS Autism Support Team \(starsteam.org.uk\)](#)

Email address:
starsteam@leeds.gov.uk

Phone number: 0113 3789792

Offer

The STARS (Specialist Training in Autism and Raising Standards) team are a team of autism specialists who offer advice and training to mainstream settings. They also offer the following for parents:

Drop in Advice Sessions

The drop-in advice session is run once a month (term time only). This is currently taking place via telephone consultation.

Parent support

Cygnets parent training is offered for parents with a primary school aged child with a diagnosis of autism.

STARS Family Partnership Programme (SFPP) is offered for parents with a secondary aged child or young person with a diagnosis of autism.

ZigZag Autism Services

Website: [Home | ZigZag Leeds Autism Support Group \(zigzagautismservices.co.uk\)](#)

Facebook: [ZigZag Leeds Autism Support Group | Facebook](#)

Email address:
zigzagautismservices@gmail.com

Phone number: 07981 201005

Offer

ZigZag Leeds is a parent led support group offering parents and carers advice, support and guidance for those who care for a child or young person with an Autistic Spectrum Condition or similar conditions. The group offers help and support for families with or without a diagnosis.

Their offer includes: one to one parent/carer support, monthly, day and evening parent support group meetings, online support via their private Facebook group, book lending library, DLA form assistance, low cost autism awareness training, monthly soft play sessions, twice weekly trampoline sessions and holiday activity specials.

2. Generic SEND support which includes Autism support - Leeds

Aireborough Supported Activities Scheme (ASAS)

Website: <http://www.aireborough-scheme.co.uk/>

Email address:
jo.galasso@aireborough-scheme.co.uk

Phone number:
Landline: 01943 466 543
Mobile: 07764 432 933

Offer

Aireborough Supported Activities Scheme (ASAS) runs holiday play schemes for children 5-18 years with moderate to severe learning and/or physical disabilities including Easter & Summer play schemes and a Christmas Activity day, these are based at Green Meadows School, Guiseley for children in the following postcodes: LS5, 16, 18, 19, 20 & 21. They also provide residential short breaks at weekends to outdoor pursuits centres for children Leeds city wide, aged 8 – 18 years and who don't already receive overnight short breaks/respite care.

Carers Leeds

Website: [About – Carers Leeds](#)

Email address:
advice@carersleeds.org.uk

Phone number: 0113 380 4300

Offer

Carers Leeds is an independent charity that gives specialist and tailored support, advice and information to unpaid carers aged over 16.

They deliver confidential one to one and group support that helps carers keep on caring. They are based in the centre of Leeds, and also offer support in local communities, over the phone and online.

Carers Leeds works in partnership with community groups, local businesses and third sector organisations to give carers in Leeds a network of support that covers general and specialist carers issues.

EPIC Leeds

Website: [Holding page – EPICLEEDS](#)

Email address:
epicleeds@gmail.com

Phone number: 07889 728 403

Offer

EPIC Leeds is the Parent Participation forum for parents/carers and families of disabled children and young people with additional needs in Leeds. They meet regularly in and around Leeds for coffee mornings, social occasions, trips out, meetings, and more.

Geeks Room CiC

Website: [About Us | Leeds | Geeks Room](#)

Email address:
inf@geeksroom.org.uk

Phone number: 01133451450

Offer

Geek Room mentor in interactive core subjects through their 'Game Education' approach. They offer unique alternative provisions while focusing on creating an inclusive and social environment which aids with developing social skills and integrating with the community.

They provide an inclusive centre offering services such as short breaks, weekend sessions, after school clubs, social sessions and much more. Using their top-of-the-range facilities including PlayStation, Xbox, Nintendo, Custom Gaming PC, Car Simulator and VR (HTC Vive, PSVR, Oculus, Nintendo VR) headsets, among others, they strive to make their experience the most nourishing and enjoyable that they can.

Leeds Child and Adolescent Mental Health Service (CAMHS)

Website: [Leeds Community Healthcare NHS Trust - Contact us](#)
[MindMate - Emotional wellbeing and mental health](#)

Offer

CYPMHS stands for Child and Young People's Mental Health Service. It's a service for children and young people under 18 and their families and it's part of the NHS.

You may also see the term children and adolescent mental health services (CAMHS) used.

The team carry out specialist assessment and therapies, including assessments for Autistic Spectrum Conditions (ASC).

If you are 13-17 years or the parent/ carer of children aged 5-17 years, you can talk directly to the Single Point of Access (MindMate SPA) team.

Leeds MENCAP

Website: [Get In Touch - Learning Disability Charity | Leeds Mencap](#)

Email address:
info@leedsmencap.org.uk

Phone number: 0113 235 1331

Offer

Leeds Mencap is a completely independent charity, started by and for those with learning disabilities. Although they are affiliated with the national Royal Mencap Society, they are an independent and local charity.

They run a range of services, clubs and activities for children and young people with a learning disability from age 0 – 18. The Vinery Centre has excellent facilities from inclusive outdoor play spaces, a cycle track, trampoline and climbing frame, to sensory room and soft playroom. Young adults aged 18 – 25 are catered for too.

Leeds Weekend Care Association

Website: [Leeds Weekend Care Association Leeds Weekend Care Association | Supporting children with disabilities \(lwca.co.uk\)](http://Leeds Weekend Care Association Leeds Weekend Care Association | Supporting children with disabilities (lwca.co.uk))

Email address: office@lwca.co.uk

Phone number: 0113 216 5133

Offer

LWCA are a local charity that provides weekend and evening social clubs for children and young people with disabilities and additional needs.

All of their projects help young people to have fun, make new friends, try new activities, and grow in confidence in a safe, supportive and welcoming space. They provide innovative leisure activities and top-quality care to every child that benefits from our projects. They have a committed and energetic team that strive to help every child develop to their full potential.

Little Hiccups

Website: Little Hiccups – support – share – experience

Email address:
info@littlehiccups.co.uk

Phone number: 07831230741

Offer

Little Hiccups is a Leeds based support group that has been set up by parents who have children with additional needs and disabilities.

They offer a range of support including an Outreach Programme, Counselling support for parents and carers as well as Stay n Play sessions and monthly Family Fun Days.

They also hire out all terrain buggies and secure travel beds to families to enable children who need a safer bed to visit family or to go on holiday.

LS29 Group

Website: Welcome to The LS29 Group : For the latest news, views, events from the LS29 Group

Email address:
ls29groups@yahoo.co.uk

Phone number: 01943 609861 or
07976 015134

Offer

LS29 Group is for families of children with additional needs. They organise a wide range of outings and activities throughout the year for families who have children with additional needs. Their aim is to provide opportunities for the whole family to take part in activities they may not otherwise have the opportunity to take part in, try new challenges, meet friends and develop a support network and of course, have fun.

Events include...

- Inflatable Swim Sessions
- Go Karting parties
- Visits to the Donkey Sanctuary
- Snow-zone sledging trip
- Social events for parents
- Trips to Theme Parks

People In Action

Website: [We Miss You, Come Back! \(peopleinaction.org.uk\)](https://peopleinaction.org.uk)

Email address:
<https://peopleinaction.org.uk/contact/>

Phone number: 0113 2443729

Offer

PiA are a charity based in Leeds, West Yorkshire supporting people with learning disabilities and people who are autistic. They work with people with learning disabilities and autism

They offer one-to-one support (Count Me In), courses for Learning and Living well (Health & Wellbeing), social groups (Changing Lives) and children and young people's groups (Play, Fun, Learn! and Saturday T.E.A.M.)

People in Action also runs social and learning groups around Leeds.

SCOPE Leeds

Website: [Family activities in Leeds | Disability charity Scope UK](https://www.scope.org.uk)

Email address:
leeds@scope.org.uk

Offer

Scope works with Leeds City Council to promote short breaks and activities for families with disabled children aged up to 18.

They offer:

1. Information for parents and carers about short breaks and activities in Leeds.
2. Help for Lead Professionals in Leeds.
3. A Scope Inclusive Activity Award for providers of mainstream short break and activity services in Leeds.

3. Autism support – West Yorkshire

Amaze Autism

Website: [Amaze Autism - Support for children and young people](#)

Contact details

info@amazeautism.co.uk

Phone number: 07496 213 705

Offer

Amaze support the holistic development of children and young people with autism to ensure that they achieve their potential to become confident and happy individuals.

They do this by offering: in school staff training, school support for specific children and 1:1 and virtual home support for specific children and their families.

Autism Community Support Team (A.C.S.T)

Website: [Bradford Local Offer | Specialist Behavioural Services](#)

Email address:

kelly.galloway@bradford.gov.uk

Phone number: 01274 436684

Offer

(A.C.S.T) Provides behaviour support for children and young people with a diagnosis of High Functioning Autism/Aspergers and challenging behaviour.

They work flexibly and directly in the children's home to model strategies with families on how to understand and manage their young person's behaviour more effectively.

Anyone can refer into the service; however, referrals will not be processed without a copy of a multi-agency diagnosis summary report.

Autism Plus

Website: [Autism Plus - Adding Value to Lives](#)

Email address:

info@autismplus.co.uk

Phone number: 0114 384 0284

Offer

Autism Plus are a charity that supports adults and young people with autism, learning disabilities and mental health conditions, to help and support people to take control over their lives.

They operate across Yorkshire and Humber and offer a range of residential, supported living and community support services.

AWARE (Airedale and Wharfedale Autism Resource)

Website: [Home - AWARE \(aware-uk.org\)](http://aware-uk.org)

Email address: info@aware-uk.org

Phone number: 01535 661275

Offer

AWARE is a parent-run group supporting families with children and young adults on the autistic spectrum (formal diagnosis not required). The group covers the Airedale, Wharfedale, Bradford and Craven areas and beyond.

AWARE can support families through the maze of local services which cross health, social care and education boundaries. They can advise about accessing appropriate support from statutory, voluntary and private services and also run a whole range of events and activities for children, young people and parents/carers.

Beat Autism

Website: [Welcome to Beat Autism](http://www.beatautismuk@aol.com)

Email address:
beatautismuk@aol.com

Phone number: 07903 271785

Offer

BEAT Autism are an organisation which help parents and carers with children on the Autistic Spectrum and are based in the Wakefield area.

Their aim is to make a major positive difference to these families lives.

They offer parent support groups and workshops that are share information, skills and strategies.

Fusion Youth Group

Website: [Fusion Youth Group – Autism Aspergers Youth Group \(fusionasyouthgroup.com\)](http://fusionasyouthgroup.com)

Email address:
fusionasyouth@hotmail.com

Phone number: 07414 903807

Offer

Fusion Youth Group has been set up for teenagers and young adults with Autism or Aspergers. Fusion is a youth group that supports people in making connections, developing friendships and feel included and encouraged whilst having fun.

The venue is newly refurbished and a safe environment in Wakefield. Staff work voluntary and have close personal experience with Autism.

Activities available include: pool, table football, Wii U, PS2, crafts, indoor hockey, occasional movie nights, take-away nights and parties.

Lighthouse School Leeds

Website: [Teen Life: Lighthouse School](#)

Email address:
training@lighthouseschool.co.uk

Offer

Lighthouse School Leeds is a Special Free School for Autistic (ASC) young people aged 11 to 19. They run the Teen Life Programme which is a six-week parent support programme from their setting. The programme's interactive sessions allow families to explore Autism and support strategies.

The parent support programmes work along the principles of supporting parents to gain an improved knowledge of Autism and increased confidence, which include meeting and sharing experiences with other families.

Living Autism

Website: [Autism services, advice and support - Living Autism](#)

Email address:
info@livingautism.co.uk

Phone number: 08007562420

Offer

Living Autism help families to find Autism services, advice and support. They are a free, independent option service that helps find appropriate autism support, placements and services for individual needs.

Specialist Autism Services

Website: [Specialist Autism Services – Working with and for Adults with Autism](#)

Email address:
info@specialistautismservices.org

Phone number: 01274 789 789

Offer

Specialist Autism Services works for and with adults (18+) on the autism spectrum and their families. They are a non-profit organisation that works with the charity Sacar to provide autism specific services across the Yorkshire region.

They provide a range of services including group social skills workshops (through an autism-specific learning programme), information and guidance, autism-specific counselling, employment support, autism awareness training and community outreach support. Under the name Autism First they also provide bespoke support for adults with autism and additional needs.

The Lightbulb Moment

Website: [The Lightbulb Moment PDA](#)

Email address:
lightbulbmomentpda@outlook.com

Phone number: 07779090451

Offer

The Lightbulb Moment offer PDA Awareness and Family Support, giving personalised PDA strategies and the understanding behind them to promote a person-centred approach in negotiating and managing demands. They give advice about the support that can be accessed and can give practical advice to fill in DLA forms. They are able to attend professional/school meetings alongside parents and also offer a book loan service to help parents find strategies that will support your young person in and out of the home.

PDA Yorkshire

Website: [PDA Yorkshire | PDA Society Resources](#)

Facebook group: [PDA Yorkshire | Facebook](#)

Offer

PDA Yorkshire are a Yorkshire-based PDA (Pathological Demand Avoidance) support group open to parents (and primary care givers) of children with (suspected) Pathological Demand Avoidance.

They offer a place where parents/primary carers can discuss PDA with people who can support and understand, share what works for you and your family and borrow ideas others share that you might find helpful. Their aim is to raise awareness locally with parents and professionals, signpost to the other hubs of local info for generic ASD/special needs information and support each other.

They meet-up (has been monthly, currently less, possibly 3-monthly) to share strategies etc.

Wrose Adventurers

Website: [Wrose Adventurers \(autism.org.uk\)](#)

Email address:
wroseadventurers@googlemail.com

Phone number: 07598 112037

Offer

Wrose Adventurers is an association set up for young people aged between 11 and 25, with Asperger syndrome or high functioning autism. They are a small and friendly group, based at Highcroft Youth Centre in Wrose, Shipley, and members come from all over the Bradford District.

They offer activities such as pool, arts & crafts, board games or just chill and listen to music and use laptops, and they also organise occasional trips to bowling, laser zone and to eat out at local restaurants. They also have an informal social skills club which is supported by experienced staff and a dedicated group of volunteers.

4. Generic SEND support which includes Autism support – West Yorkshire

SNAPS (Special Needs And Parent Support)

Website: [Special Needs Support Group | Special Needs Support Group \(snapsyorkshire.org\)](http://SpecialNeedsSupportGroup.org)

Email address:
jo@snapsyorkshire.org

Phone number: 07738 287024

Offer

SNAPS provides leisure support services for children with special needs of all kinds, and their families. Their aim is to support the entire family, by enabling the child, along with siblings, parents and other carers to participate in a shared experience of physical activity, fun and conversation in relaxed surroundings, supported by professional and dedicated staff. The age range is from 1 to 16, although most are aged between 2 and 10. They currently operate out of two sites – Penny Field School and Broomfield School.

SNAPS provide physiotherapist led hydrotherapy and rebound sessions, along with swimming, arts and crafts, soft toy play, and a range of other fun activities, such as dance, sign and sing, boccia, storytelling and music therapy.

United Response

Website:
<http://www.unitedresponse.org.uk>

Email address:
sarah.robst@unitedresponse.org.uk

Phone number: 01274 271039

Offer

United response are an established charity who support young people and adults with a range of mental health needs and disabilities – which include learning disabilities, autism, acquired brain injury, sensory impairments and dementia.

They offer day services, employment services, and supported living schemes in and around Bradford, which includes: Community Support - non-building-based day service for people with complex needs including autism. Supported Living - across 48 different services including support to people with autism.

5. Autism support - National

About Autism

Website: [About - Autism Support | HealthUnlocked](#)

Contact page: [HealthUnlocked Help Center](#)

Offer

About Autism is a social network for health. Their Autism Support Community is an online peer to peer support network of people affected by autism. The aim of the community is to enable families to learn new information, share advice and get support from others who understand.

Ambitious about Autism

Website: [Ambitious about Autism | National charity for children and young people with autism](#)

Email address:
info@ambitiousaboutautism.org.uk

Phone number: 020 8815 5444

Offer

Ambitious About Autism supports children and young people with autism. They run specialist education services and employment programmes, as well as delivering training and consultancy to a wide range of organisations to improve awareness and understanding of autism.

Their practical toolkit contains information for parents and carers through their child's journey in the early years (0-5 years).

Autism Education Trust

Website: [Supporting effective practice - Autism Education Trust](#)

Contact page: [AET \(autismeducationtrust.org.uk\)](#)

Phone number: 0207 903 3650

Offer

The AET is a not for profit programme led by two national autism charities – the National Autistic Society and Ambitious about Autism. Established and supported by the Department for Education, the AET promotes and supports partnerships throughout the education system to improve educational access, experience and outcomes for children and young people with autism. They also produce parents guides on subjects such as exclusion and working with schools

The AET also provide training programmes for schools which are structured around the three education phases – early years, school and post 16.

Autism Links

Website: [Autismlinks.co.uk](#)

Offer

Autismlinks.co.uk helps families to find links to support and advice, charities, support groups, and specialist service providers.

Resource and services links include: news and events, resources and accessories, support groups and information on money and law, as well as diagnosis, therapies and approaches.

Autism Partnership UK

Website:

<http://www.autismpartnership.co.uk/>

Email address:

info@autismpartnership.co.uk

Offer

Autism Partnership UK provides Applied Behaviour Analysis (ABA) consultation, supervision and direct therapy services to students across the UK. Services are provided to families, schools, parent groups and other organisations, and their clients range in age from 2 to 18 years.

Their nationwide services are coordinated from the Autism Partnership UK office in Leeds, where clinic-based therapy sessions, group social skills, classroom skills sessions, and training workshops are offered. Referrals are self-referrals or referrals from Local Education Authorities or Health Authorities.

Caudwell Children Autism Services

Website: [Autism Services - Caudwell Children](#)

Email address:

charity@caudwellchildren.com

Phone number: 0345 300 1348

Offer

Caudwell Children in Staffordshire can provide 100% fully funded multi-disciplinary autism assessments, at the charity's discretion, plus diagnostic feedback and 12 months of post-diagnostic support to eligible children living in the UK.

Two-day assessments are available for children aged between 4 and 11 years old and require a referral from a health professional, teacher or social care worker. Funding is available for new referrals from families with a household income of £45,000 per year or less, not including benefits, that meet the following criteria:

- The child and family must be able to travel to Staffordshire
- The child and family must be able to attend for 2 consecutive days for assessment.
- The family will commit to attending for feedback following assessment
- The charity are unable to support with travel and accommodation

National Autistic Society

Website: [National Autistic Society \(autism.org.uk\)](https://www.autism.org.uk)

Facebook: [National Autistic Society | Facebook](#)

Email: nas@nas.org.uk

Contact page: [contact us \(autism.org.uk\)](#)

Offer

NAS are a charity for people on the autism spectrum and their families, providing support, guidance and advice. As well as campaigning for improved rights and training companies on being more autism-friendly.

Their Advice and guidance section has information on a wide range of topics, including what autism is, diagnosis, mental health, education, communication, and many more.

The service has five specialist helpline/casework services relating to education rights, school exclusions, autism inpatient mental health, transitions from school, and parent to parent emotional support.

The Autism Services Directory helps families to search for autism services across the UK, and they also have branches and an online community which offer peer-to-peer support.

Pathological Demand Avoidance Society

Website: [PDA Society – Pathological Demand Avoidance – Part of the Autism Spectrum](#)

Contact page: [Contact Us – PDA Society](#)

Offer

The PDA Society is a registered charity that provides information, support and training about PDA for individuals, families and professionals.

Their offer includes: supporting discussions around people's experiences of PDA, providing support to individuals, families and professionals, campaigning for greater recognition of the PDA profile of autism, providing training for different audiences, sharing good practice and supportive ideas, developing new resources and tools which can aid understanding, collaborating with professionals as part of the PDA Development Group and organising an annual PDA day and biennial conference.

6. Generic SEND support which includes Autism support – National

Contact

Website: [Family workshops and events | Contact](#)

Email address:
info@contact.org.uk

Phone number: 020 7608 8700

Offer

The Contact website has advice and information about any concern a family might have about raising a child with additional needs.

They run a telephone helpline for parents and carers with a disabled child aged from birth to 25, living in any part of the UK, with or without a diagnosis. They also offer a live chat function and their Listening Ear support service, 1-1 telephone appointments for parent carers looking for emotional support. And we produce a range of email newsletters and printed parent guides available to download or order.

Family Fund

Website: [Family Fund](#)

Contact form: [Family Fund - Frequently Asked Questions](#)

Offer

Family Fund is the UK's largest charity providing grants for families raising disabled or seriously ill children and young people.

They provide grants for a wide range of items, such as washing machines, sensory toys, family breaks, bedding, tablets, furniture, outdoor play equipment, clothing and computers. It can be a struggle financially, emotionally and physically for families raising a disabled or seriously ill child, and these grants help break down many of the barriers' families face, improving their quality of life and easing the additional daily pressures.

SCOPE

Website: [Home | Disability charity Scope UK](#)

Email address:

Phone number: 0808 8003333

Offer

Scope are a disability equality charity in England and Wales. They provide practical information and emotional support when it's most needed.

Their family services include:

Navigate – Online and telephone emotional support for parents and carers of disabled children.

Sleep Right – improving sleep for disabled children in Leeds.

Parents Connect – Gives parents and carers of young disabled people a chance to meet and learn.

Free disability helpline.

S4Nd Society for Neurodiversity

Website: [Society For Neurodiversity \(s4nd.org\)](https://www.s4nd.org)

Email address:
enquiries@s4nd.org

Phone number: 01422 348777
07971 450062

Offer

S4Nd is a national neurodivergent member-led community-based organisation. Their community supports individuals that are struggling, as well as events and activities. Membership is free and you don't need a diagnosis. On the second Monday of the month, they have a Monthly Members Meeting (MMM) which use interactive software called Aha Slides which enables the Management board to gather members thoughts, opinions and ideas.

Witherslack Group

Website: [SEN Advice for Parents & Carers of SEN Children - Witherslack Group](https://www.witherslackgroup.co.uk)

Contact form: [Get in touch - Witherslack Group](https://www.witherslackgroup.co.uk)

Phone number: 08003047244

Offer

Witherslack Group provide independent specialist education and care to children and young people across the country.

Their website hosts events and webinars for parents and carers on a range of subjects, including Autism. They also have an online library of resources including videos, podcasts, and downloadable hints and tips.