

## What our school does to respond to bullying...

We are a TELLING school. This means that ANY child who knows that bullying is happening should feel able to tell a member of staff. This will then be told to Mr Sykes, Miss Lister or a member of SLT. They will then investigate the incident and make sure the victim feels safe. Parents will be informed and consequences for the bully will be decided by the teachers.

People often bully because they have problems of their own. Mr Sykes, Mrs Pinder, Miss Robbins or a member of SLT will work through these to help stop the bullying happening again.

Watch our anti-bullying policy video on our school website to find out more about how the adults in school help to stop bullying!

## What is a bystander?

A bystander is someone who watches unacceptable behaviour and/or bullying take place and doesn't try and stop it or do anything to support the victim.

**Don't be a bystander!**



## Chapel Allerton Primary School

Child Friendly  
Anti-Bullying Policy



## What is Bullying?

**S**everal  
**T**imes  
**O**n  
**P**urpose



Bullying is an unacceptable action, usually repeated over time, taken by one or more children with the deliberate intention of hurting another child, either physically or emotionally. Bullying results in pain or distress to the victim.

Bullying can be...

**Emotional** – being unfriendly, excluding, tormenting or making threatening gestures

**Physical** – pushing, kicking, hitting, punching or any use of violence

**Racist** – racial taunts, graffiti, gestures

**Sexual** – unwanted physical contact or sexually abusive comments because of or focusing on the issue of sexuality

**Verbal** – name calling, sarcasm, spreading rumours, teasing

**Cyber** – any variations of the above using the internet/email/internet chat/games consoles or mobile phones.

## What should I do?

- Walk away and speak up.
- Tell someone you trust and an adult in school.
- Feel confident that you will be listened to and the teachers will act on your concerns.
- Don't keep it to yourself or accept any bullying behaviour.
- Don't be a bystander and act on any bullying behaviour you see or know is happening to someone else.



## Who can I tell?

- any adult in school.
- any teacher or Teaching Assistant
- Mr Sykes or Mrs Pinder
- Miss Robbins
- a family member, parent or carer.
- a lunchtime supervisor
- a friend or someone you trust.

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Bullying is **NOT** .....

- Falling out with friends
- One off incidents or accidents.

You can also call:

Childline 0800 11 11

National Bullying helpline: 0845 22 55 787

Or report cyber bullying to:

Internet Watch Foundation (IWF)

[iwf.org.uk](http://iwf.org.uk)

CEOP: [ceop.gov.uk](http://ceop.gov.uk)

If bullying continues after it has been dealt with in school, **you MUST tell someone again.**

